



Would you like to cope more easily with daily stress and improve your mood?

Reach for the dietary supplement **STRESS MANAGEMENT** with extracts of lemon balm, valerian and ashwagandha. **It helps to reduce tension caused, among other things, by an intensive lifestyle and to maintain a good mood.** Soothes irritability and increases resistance to stress.

How to use it:
take 1 capsule 2 times a day with water (250 ml). The recommended daily serving is 2 capsules.



Want to strengthen your body's immunity?

Reach for the **IMMUNITY** dietary supplement with extracts of garlic, olive and turmeric. **It supports the proper functioning of the immune system,** e.g. during autumn and winter or during a stressful period in life.

How to use it:
take 1 capsule 2 times a day with water (250 ml). The recommended daily serving is 2 capsules.



ASHWAGANDHA, or Indian ginseng, is a plant that has been used for centuries in the Ayurvedic tradition. It is primarily known as an adaptogen which means that it helps the body to cope with nervous tension.



TURMERIC is known as the gold of India. Its properties have been used for years not only there, but also in China.

STRESS MANAGEMENT

60 CAPSULES | 32,7 g
symbol: 704001



IMMUNITY

60 CAPSULES | 32,7 g
symbol: 704003



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Do not exceed the recommended daily serving. The products are not to be used as a substitute for a varied diet. Maintaining good health requires a balanced diet and a healthy lifestyle. Store out of the reach of small children.

Detailed information about products and instructions on how to use them are available at www.prouve.com

LIMITED EDITION

PROUVÉ
GOOD LIFE LABS



HIGHEST SAFETY AND QUALITY STANDARDS



WITHOUT SWEETENERS, COLORS AND FLAVORS



GLUTEN-FREE



GMO-FREE

How to naturally take care of yourself every day?

Struggling with overweight, stress and tension, constant fatigue or lowered immunity - each of us sometimes faces such problems. It is then worth reaching for natural help in the form of **GOOD LIFE LABS** vegan supplements. In the capsules you will find plenty of carefully selected plant extracts, vitamins and minerals that will help you maintain a healthy weight, well-being, give you energy, strengthen the immune system and support your body in cleansing processes. This is a simple and effective way to support your body every day.



Want a natural way to boost your energy?

Reach for the **ENERGY AND VITALITY** dietary supplement with vitamin B12, which contributes to **reducing feelings of fatigue and tiredness**. It contains caffeine and extracts of Ilex paraguariensis, Siberian ginseng, nettle and black pepper. It helps cope with periodic drops in energy, strengthen the body and increase its capacity.

How to use it:
take 1 capsule 2 times a day, having it with water (250 ml). The recommended daily serving is 2 capsules.



VITAMIN B12
plays an important role in the functioning of our body, including taking part in the production of red blood cells and supporting the proper functioning of the nervous system.

ENERGY AND VITALITY
60 CAPSULES | 29,8 g
symbol: 704006



Want to support your body's natural cleansing processes?

Reach for the dietary supplement **DETOX ORGANISM CLEANSING** with Sylibum marianum extract, supporting the maintenance of physiological **liver cleansing functions**. It contains kelp, as well as extracts of Betula pendula Roth, field horsetail, Chinese tea and black pepper. It supports the organs responsible for detoxification of the body.

How to use it:
take 1 capsule 2 times a day, having it with water (250 ml). The recommended daily serving is 2 capsules.



SYLIBUM MARIANUM
supports proper liver function and aids in cleansing the body.

DETOX ORGANISM CLEANSING
60 CAPSULES | 31,3 g
symbol: 704007



Want to naturally replenish your vitamin C levels?

Reach for the dietary supplement **VITAMIN C FROM ROSE HIP**, which supports the production of collagen and the proper functioning of the immune system and the protection of cells from oxidative stress. It is one of the most important antioxidants.

How to use it:
take 1 capsule 2 times a day, having it with water (250 ml). The recommended daily serving is 2 capsules.



VITAMIN C
Among other things, vitamin C helps in the proper functioning of the nervous system and increases the absorption of iron. It also contributes to maintaining normal energy metabolism.

VITAMIN C FROM ROSE HIP
60 CAPSULES | 35,7 g
symbol: 704008



Want to fight off unnecessary pounds more easily to regain a slim figure?

Reach for the weight loss supplement **WEIGHT CONTROL** with extracts of garcini, gumar, turmeric and kelp. Supports **weight loss and the maintenance of a healthy body weight**. Helps curb appetite and supports the digestive process.

How to use it:
take 1 capsule 2 times a day with water (250 ml). The recommended daily serving is 2 capsules.



GURMAR
is a climbing plant whose properties are well known in India, Japan and Vietnam, among others. It helps to reduce cravings for sweet foods.

WEIGHT CONTROL
60 CAPSULES | 32,7 g
symbol: 704002

